# MANIILAQ ASSOCIATION 01/04

Title: Itinerant Therapist I/II Program: Behavioral Health

Housing priority: 1 Safety Sensitive: Yes Range: 15/16

Status: Exempt-Professional

Name Check: No Finger Printing: Yes

### POSITION SUMMARY

Responsible for reaching out to meet the mental health counseling needs of the people of the Northwest Arctic Borough and Point Hope by providing individual, family and group therapy, and making appropriate referrals to other programs. Travels to as signed villages regularly to provide services.

### PRINCIPAL DUTIES AND RESPONSIBILITIES

- 1. Provides individual, family and group psychotherapy treatment, and adequately documents the treatment process and progress.
- 2. Provides crisis intervention services and participates on the on-call rotation to provide crisis intervention on a 24-hour per day basis.
- 3. Makes clinical decisions regarding the welfare of patients, including suicide assessments.
- 4. Travels to assigned villages to provide mental health services on a regular basis.
- 5. Performs court commitment proceedings for patients who are a danger to themselves, a danger to others, or are gravely disabled.
- 6. Provides assessments and consultations to medical staff, police, schools, and other professionals and agencies as requested and when appropriate.
- 7. Offers education regarding mental health issues to schools, other organizations, and communities.
- 8. Provides case management, including making appropriate referrals to community agencies and institutions.
- 9. Escorts, or provides for escort services, for mentally ill patients requiring placement outside the region. Continues to monitor patients while in other placements or facilities.
- 10. Works as part of a team to provide optimal mental health services which may include making referrals to other Maniilaq and non-Maniilaq programs.
- 11. Maintains confidentiality of patient records and treatment.

# SKILLS AND KNOWLEDGE

### Itinerant Therapist I:

A Masters degree in social work, counseling, psychology, child guidance, or nursing with specialization or experience in mental health (eligible for licensure preferred). Broad clinical experience. Ability to work with sensitivity in a cross-cultural environment. Ability to adjust to "bush" conditions in Arctic Alaska. Must be willing and able to travel frequently in small planes.

## **Itinerant Therapist II:**

Has met all minimum qualifications for Itinerant Therapist I. In addition has obtained a professional mental health license in Alaska. Examples of qualifying Master's level licenses include Licensed Professional Counselor (under AS 08.63) and marital and family therapist (under 08.29).

### DISCLAIMER

The above statements are intended to describe the general nature and level of work being performed by people assigned to this job. They are not intended to be considered an exhaustive list of all responsibilities, duties and skills required of people in this job.

# REVIEW/APPROVAL Immediate Supervisor Date Becond Level Supervisor Date Human Resources Date Employee Date